

# FORMHEALTH CONSULTATION FORM

Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ Date \_\_\_\_\_

Area(s) to be treated: \_\_\_\_\_  
\_\_\_\_\_

**Past or present Illnesses/Medical Conditions, please list:**

Allergies:

\_\_\_\_\_  
\_\_\_\_\_

Present Medications (Accutane, Antibiotics, Aspirin, Antiviral, Iron supplements, Gold therapy, Coumadin, drugs which may cause photosensitivity this includes herbal supplements):

List medications and dosages:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please list dosage of oral antibiotics/Accutane and date of last dose taken:

\_\_\_\_\_  
\_\_\_\_\_

Please list any topical medications you are using:

\_\_\_\_\_  
\_\_\_\_\_

Do you have a history of any autoimmune disease? \_\_\_\_\_

Do you have a history of HSV I or HSV 2 \_\_\_\_\_

Do you have any implants/injectables/permanent make-up? If so, please list:

\_\_\_\_\_

Do you have any tattoos? If so, please list location:

\_\_\_\_\_

Are you pregnant? Yes \_\_\_\_\_ No \_\_\_\_\_ N/A \_\_\_\_\_ LMP \_\_\_\_\_

History of keloids/hypertrophic scars: yes \_\_\_\_\_ no \_\_\_\_\_

Tanning history (including direct sun, self tanners, spray tans) Please list and include last date of use:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Previous Laser Treatment: (specify date/number of treatments/frequency/tissue response/device used, if known):

\_\_\_\_\_  
\_\_\_\_\_

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Previous Hair Removal History, if applicable:

Wax epilation \_\_\_\_\_ Plucking \_\_\_\_\_ Electrolysis \_\_\_\_\_ Bleaching \_\_\_\_\_ Shaving \_\_\_\_\_

Frequency/and last use of above modalities:

Other type treatment: \_\_\_\_\_

Have you ever had a cosmetic peel/cosmetic procedure? Please list

## FOR STAFF ONLY:

### Recommendations: Discussion with provider

- \_\_\_\_\_ 1. Treatment options (testing, brown or black hair responds best, number of treatments).
- \_\_\_\_\_ 2. Client expectations: (understand need for multiple treatments, after care, possible side effects, etc).
- \_\_\_\_\_ 3. Physician consultation(If required in your state) before or after test for a treatment recommendation.
- \_\_\_\_\_ 4. Full treatment schedule process (waiting period in-between treatments, expected results.,
- \_\_\_\_\_ 5. Possible side effects (hyperpigmentation, hypopigmentation, purpura, scarring, textural changes, burns, blistering, pain or discomfort and erythema) and length of time to expect healing if side effects occur.
- \_\_\_\_\_ 6. Specifics of area to be treated. Test small area for tissue response BEFORE full treatment.
- \_\_\_\_\_ 7. Importance of sun exposure avoidance and the use of a broad spectrum zinc oxide or titanium dioxide UVA/B sun block with SPF 30 or higher. during the entire treatment program.
- \_\_\_\_\_ 8. Sensation of the laser/DCD spray and the option for topical anesthesia or other cooling methods.
- \_\_\_\_\_ 9. Benefits of laser treatment (possible long-term hair removal),
- \_\_\_\_\_ 10. Cost of treatment (payment schedule, cost of multiple treatments versus single payment per visit).
- \_\_\_\_\_ 11. Eyewear protection and laser safety measures required for patient and provider. Patients may sense light while wearing proper eye protection.
- \_\_\_\_\_ 12. Importance of post care instructions/procedures.

Photo taken today: YES \_\_\_\_\_ NO \_\_\_\_\_

COMMENTS: \_\_\_\_\_

I agree that the information listed above has been reviewed and presented with my clear understanding of what this procedure involves. All of my questions have been addressed to my satisfaction.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_