

# FORM HEALTH

## PRE-TREATMENT INSTRUCTIONS:

- Avoid Botox injections or natural fillers (e.g. Hyaluronic acid, collagen) **3-4 weeks** before laser treatment.
- Avoid intentional skin tanning **2 weeks** before treatment, especially before IPL. Sun-screen is advisable when outdoors during daylight hours.
- Discontinue any irritant topical agents for **2-3 days** prior to treatment.
- Arrive for treatment with clean skin. There should be no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.
- A topical anesthetic should be used only as directed by a physician and only if necessary.
- Areas of dental crowns, caps, braces, or other metal dental implants may be more sensitive to treatment and the clinician may use dental rolls, gauze or a tongue depressor to isolate the area and make the treatment more comfortable.

## POSSIBLE SIDE EFFECTS

Side effects are rare and expected to be transient, any adverse reaction should be immediately reported to the physician. Side effects may include any of those conditions listed below. Side effects may appear either at the time of treatment or shortly after. Some dark-skinned patients may have a delayed response one-to-two days after treatment and should be evaluated post-test if concerns arise.

The side effects may include:

- Discomfort
- Excessive skin redness (erythema) and/or swelling (edema)
- Damage to natural skin texture (crust, blister, burn)
- Change of pigmentation (hyper- or hypo-pigmentation)
- Scarring

## CONTRAINDICATIONS

Pacemaker or internal defibrillator.

Superficial metal or other implants in the treatment area.

Current or history of skin cancer, or current condition of any other type of cancer, or pre-malignant moles.

History of any kind of cancer \*

Severe concurrent conditions, such as cardiac disorders.

Pregnancy and nursing.

Impaired immune system due to immunosuppressive diseases such as AIDS and HIV, or use of immunosuppressive medications. \*

Diseases which may be stimulated by light at the wavelengths used, such as history of Systemic Lupus Erythematosus, Porphyria, and Epilepsy. \*

Patients with history of diseases stimulated by heat, such as recurrent Herpes Simplex in the treatment area, may be treated only following a prophylactic regimen.

Poorly controlled endocrine disorders, such as Diabetes, or PCOS for hair removal.

Any active condition in the treatment area, such as sores, Psoriasis, eczema, and rash.

History of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin.

History of bleeding coagulopathies, or use of anticoagulants except for low-dose aspirin.

Use of medications, herbs, food supplements, and vitamins known to induce photo-sensitivity, such as Isotretinoin (Accutane), within **last 6 months**, OR Tetracyclines, St. John's Wort within the **last two weeks**. \*

Deep chemical peeling or other facial laser resurfacing within the **last 3 months**, if face is treated.

Any surgical procedure in the treatment area within the **last 3 months** or before complete healing.

Needle epilation, waxing or tweezing within the **last 6 weeks** prior to hair removal treatment.

Treating over tattoo or permanent makeup.

Excessively tanned skin from sun, sun-beds or tanning creams within the **last 2 weeks**.